



### **Equipment List for Multiple Day Dog Sledding:**

Winter boots (waterproof and warm) something like Kamik or Sorrel

2x Underwear long (1x for riding 1x for sleeping)

3x Socks Winter

Short underwear

Personal toilet bag

1x Polar pants

1x Gore Tex Pants

1x Gore Tex Jacket

1x Down Jacket

2x Polar Jacket or Pullover

1x Gloves (waterproof)

2-3 Gloves (polar)

1x Polar Hat

1x Baseball Cap (Sun Protection)

1 x Bacalava (Wind Stopper)

1 x Sunglasses

1 x Ski Goggles

1 x Drinking Bottle

1x Head Torch

During dog sledding the body temperature varies a lot. In the uphill parts one needs to help the dogs running next to the sled or even pushing the sled. You might mush only with a T Shirt. During the downhill parts the wind chill factor might be very significant and you need to put on all your jackets again.

Tents, Sleeping Bags, Mattress, Cooking devices and all the necessary sled and dog equipment will be provided by us. If you prefer you can bring your own equipment. Most people prefer to sleep in their own sleeping bag.